



5k Run/Walk

**Turkey Trot**  
 Thanksgiving morning  
**Thursday**

**November 22nd, 2018**

A community fund-raiser  
 benefiting the  
**Northeast Oregon  
 Compassion Center**

**2018 Turkey Trot Proudly Sponsored  
 Locally**

**J. TABOR**  
 JEWELERS

Other Participating partners



**RACE WAIVER AND RELEASE:** (Must be signed by participant) I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event, and I hereby release and hold harmless and covenant not to file suit against Northeast Oregon Compassion Center and affiliated individuals, the event Race to Feed the Hungry, the City of Baker and any affiliated individuals, any race sponsors and their agents and employees, and all other persons or entities associated with this event (the "Releases") from any loss, liability or claims I may have arising out of my participation in this event, including personal injury or damage suffered by me or others, whether same be caused by falls, contact with participants, conditions of the course, negligence of the Releases or otherwise. If I do not follow all the rules of this event, I understand that I may be removed from the competition. I give my full permission to Northeast Oregon Compassion Center and any race sponsors to use any photographs, videotapes, or other recordings of me that are made during the course of this event. I understand that this waiver and release maybe stored electronically and that a copy is authentic and admissible as evidence in any future dispute.

X \_\_\_\_\_  
 Signature/ Co signature (Parent/Guardian must co-sign if applicant is under 18 years of age)  
*All Team Members must sign a waiver*

## The Northeast Oregon Compassion Center

The Compassion Center opened it's doors in November 2000. We are a Faith Based 501 (c) (3) non-profit that funds it's mission primarily through donations and grants.

We desire to serve the people in our community and the surrounding areas who have a need - physical, emotional, relational or spiritual - regardless of their race, religion, or ability to pay.

**Please bring a non-perishable food item to the race start to help fill the needs of our food bank.**

## WHEN

Thursday, November 22nd

Start Time 9:00 AM

\*Packet Pick-up at Kicks on Main st.

Wednesday, Nov. 21st from 12PM to 6PM\*

or on Race Morning starting at 7:30 AM

## THE EVENT

The 11th Annual Run/Walk to Feed the Hungry 5k Turkey Trot. Come out Thanksgiving morning to help feed the hungry in Baker County before sitting down to your own Thanksgiving dinners.

## REGISTRATION

Register as an individual or team at Baker YMCA 3715 Pocahontas Rd. Baker City or

**Online at**  
**neoregoncompassioncenter.org/turkey-trot**

For more information call (541) 523-9845

**\* Same day registration at Kicks starts at 7:30 AM & ends at 8:45 AM**

## RACE COURSE

5K (3.1 miles) Starts at Kicks on Main St. and heads north towards Hughes Lane on quiet neighborhood streets and returns on the Leo Adler Parkway. Then finishes on Main St.

So come out and run or walk rain, snow, or shine.

## AID STATION & POST RACE FOOD

Water and Sorbenots Coffee will be available at the turn around point and the finish. There will also be post-race food and refreshments. Plus, if you run really fast there will be prizes.

## AWARDS

### TOP THREE OVERALL FINISHERS

Prizes will be awarded to the top three, individual, overall men and women in the 5K Run & top three in the Team category. Plus a prize for Best Costumes will be awarded. So go fast.

## TEAM CATEGORY

Organize a group of friends, family, or coworkers and have a great time while supporting a good cause. Teams consist of a group of 5 to 10 runners or walkers. Each team needs to designate a captain and choose a team name. Matching outfits or costumes are encouraged.

\*Team members are only eligible to win Team Prizes, NOT Individual Prizes.

\*\*Teams MUST BE REGISTERED by Nov. 20th. NO SAME DAY TEAM ENTRIES

## ENTRY FORM

*Please Print*

Name: \_\_\_\_\_

Team Name: \_\_\_\_\_

Team Captain: \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Phone: \_\_\_\_\_

Gender (circle one) M F Age: \_\_\_\_\_

Entry Fee:.....\$10 individual (non-refundable)

Enter Me in: \_\_\_ 5K Run \_\_\_ 5K Walk

**\* DON'T FORGET TO SIGN THE WAIVER ON THE BACK**

## T-SHIRTS

**\*T-shirts will be included with your entry fee for first 200 entries REGISTERED BY 3PM on 11/05/18\***

Youth sm \_\_\_ m \_\_\_ lg \_\_\_

Adult sm \_\_\_ m \_\_\_ lg \_\_\_ xl \_\_\_ xxl \_\_\_

**\* Same day registrants will not be given T-shirts**

MAKE CHECKS PAYABLE TO

*Northeast Oregon Compassion Center*

MAIL TO

**Northeast Oregon Compassion Center  
c/o Turkey Trot**

**P.O. Box 665**

**Baker City, OR 97814**

**\* Mail-in registration must be received by 11/15/18**

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